At Cardio Direct we can now treat iron deficiency anaemia with one infusion. Data has shown that people feel better within days and their anaemia is corrected in a matter of weeks.

Intravenous Iron Therapy

Are you feeling tired all the time, having trouble sleeping or struggling to find the energy to exercise?

You could be one of the millions of people who are iron deficient. Common signs are tiredness and lethargy, hair loss, palpitations, shortness of breath and a pale complexion. Iron deficiency anaemia is the biggest cause of anaemia in the world and people suffering with it can spend a long time on iron tablets, which can often be poorly tolerated.
Our Service

There is now a simple and easy alternative treatment available. Intravenous iron is a method by which you can give a year’s dose of iron in one infusion with minimal risks or side effects. It is formed of tiny particles of iron with a sugar coating and this means that it can be released into the body over a longer period of time. Our service is overseen by world leading experts in intravenous iron.

Your Appointment

The appointment will last approximately an hour and a half. You will be seen by a consultant to check treatment is appropriate for you and to discuss any queries you may have. A nurse will then set up the iron infusion, which is usually given over half an hour. You will be monitored by a nurse throughout the infusion period and for half an hour post dose. This is because as with all medicines there may be side effects. Although not everyone gets them, common side effects include headache, dizziness, high blood pressure and nausea. There is a very low risk that you could experience a reaction known as an anaphylactic reaction. If you have any worries or questions about this or other possible side effects you will be able to discuss them with the doctor and nurse on the day of your appointment.

Post Treatment

Once the infusion is complete you will be able to leave the clinic and resume normal activities. You will have your bloods checked after six weeks to confirm that your iron levels have returned to normal. You may need to return for a second treatment if the blood results indicate this is required.